



# Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable

*Joanne Kimes*

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**Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable** Joanne Kimes

## You know breastfeeding sucks when...

Your breast pump starts to resemble a medieval torture device

Your latest scent is eau de' cabbage leaves

Your breasts rival Old Faithful as a must-see attraction

If you need to latch on to something with your free hand while your little miracle is latched on to you, then *Breastfeeding Sucks* is the book for you. Inside, Joanne Kimes covers:

- How to prepare for breastfeeding before the birth
- Physical and emotional challenges that face both you and your little leech—er, infant
- Nursing in public and pumping at the office without feeling like a freak-show attraction
- Weaning that little tot before his eighth birthday

In the hilarious, real-mom style that made *Pregnancy Sucks* a hit, Kimes lays it all out. She gives as much mitigating advice as she can muster to reduce the nipple pain, engorgement, fatigue, and frustration that come with breastfeeding.

*Breastfeeding Sucks* is the only book you need on the long road to sippy cups.

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#### **Cynthia Sharma:**

The actual book Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable will bring you to the new experience of reading some sort of book. The author style to explain the idea is very unique. In case you try to find new book to study, this book very acceptable to you. The book Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable is much recommended to you to study. You can also get the e-book in the official web site, so you can quicker to read the book.

#### **Martha Silva:**

Spent a free a chance to be fun activity to do! A lot of people spent their down time with their family, or their particular friends. Usually they accomplishing activity like watching television, likely to beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Could be reading a book is usually option to fill your no cost time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to test look for book, may be the e-book untitled Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable can be good book to read. May be it can be best activity to you.

#### **Scott Marin:**

A lot of people always spent all their free time to vacation or even go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or playing video games all day long. In order to try to find a new activity here is look different you can read a book. It is really fun for you personally. If you enjoy the book you read you can spent the whole day to reading a reserve. The book Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable it doesn't matter what good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. In case you did not have enough space to deliver this book you can buy the actual e-book. You can m0ore quickly to read this book from the smart phone. The price is not very costly but this book provides high quality.

#### **Franklin Crossland:**

People live in this new moment of lifestyle always aim to and must have the time or they will get great deal of stress from both everyday life and work. So , once we ask do people have spare time, we will say absolutely sure. People is human not really a huge robot. Then we request again, what kind of activity are there when the spare time coming to an individual of course your answer will probably unlimited right. Then do you try this one, reading ebooks. It can be your alternative inside spending your spare time, the particular book you have read will be Breastfeeding Sucks: What to Do when Your Mammaries Make You Miserable.

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