



Crockpot Recipes: Scrumptious Crock Pot and Slow Cooker Recipes

Janet Daley

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Crockpot Recipes Scrumptious Crock Pot and Slow Cooker Recipes A New Generation of Crock Pot Cooking Creative Crockpot Cookbook and More for Today's Living Discover how good crockpot recipes have been rejuvenated to fit into today's fast pace. Complete meals, snacks, pastries and much more, are presented with step-by-step, easy to read, directions. This book makes the perfect gift for beginner cooks that have little time, but a desire to eat healthy. Simmered to perfection and delicately seasoned in their own natural juices, slow cooking is not only simple, but inexpensive. By using the right crockpot recipes and ingredients, you can fix your favorite foods without fuss, and little mess. A new generation has exploded into healthier eating, but little time for routine hours of prep and cooking. Woven from the old-fashioned crock pot recipes of the early 70s, you will be introduced to exciting ways to cook almost anything well, and still have time for family and friends. The ultimate goal of these crockpot recipes is fresh taste, lots of choices, little work and good nutrition. Designed for anyone that has a palette for good food, a small budget, there are many assets in using a crock pot. Learn how cheap cuts of meat can become moist and tasty, and how you can use your crockpot to freeze complete meals for quick preparation, throughout the week. Use the handy 5-day meal planner to help prepare for the week, then organize your own day-to-day breakfast, lunch and dinner meals. Find breakfast crockpot recipes and new crockpot casserole recipes, with a new twist in flavor. If you prefer Vegan style, there are soups and vegetable dishes that will amaze your taste buds. Crockpot beef recipes, for the meat eater, and warm breads, on cozy evenings, are also included in this exciting book. In addition to meals, try a smooth and creamy cheesecake, raspberry cobbler, or a big pot of lasagna for hungry boys.

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