

The Willingness to Change: Twelve Steps to Transformation Through Your Handwriting (2nd edition)

Robin L. Tanguay



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2nd edition Would you like to experience a new freedom in your relationships and interactions? Do you feel that you are not living life to your highest potential? Would you like to more readily recognize self-defeating patterns in your life? What is holding you back from living your highest potential? *The Willingness to Change* combines two proven technologies: the Twelve Steps (originating from AA) and the Vimala System of Handwriting. With this innovative approach, the Twelve Steps are enhanced by the cortical re-mapping (realignment of the neurological patterns in the brain) that occurs when handwriting patterns are altered. The result is an easy-to-follow method for identifying and releasing limiting patterns of thought and behavior. With pen in hand, the reader can apply this information to create and experience positive shifts immediately. People with no prior knowledge of the Twelve Step process will experience the profound miracles that take place by incorporating the Steps in their lives. Those familiar with the Twelve Steps will encounter new growth through the handwriting changes. This is the ideal combination for anyone seeking a more spiritually centered life--the perfect dynamic for those with the willingness to change.

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