

Vegan Soup: Delicious Vegan Soup Recipes for Better Health and Easy Weight Loss (FREE BONUS RECIPES: 20 Superfood Vegan Smoothies for Vibrant Health and ... Cookbook, Vegetarian Recipes Book 3)

Alissa Noel Grey



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Delicious Hearty Vegan Soups for Friends and Family

From the author of several bestselling cookbooks and fitness enthusiast **Alissa Noel Grey** comes a great new collection of healthy recipes. This time she offers us her soul warming, comforting and enjoyable vegan soup recipes.

When colder winds blow and you want to cup your hands around a satisfying bowl of hearty soup, don't bust your waistline with high-calorie cream-based soups.

Vegan Soup: Delicious Vegan Soup Recipes for Better Health and Easy Weight Loss is an invaluable and delicious collection of healthy and easy homemade vegan soups that will warm you to your toes.

If you're looking for delicious vegan soup ideas to help you stay warm and nourished this cold season, this cookbook is for you.

And because we all want to be fit and healthy, at the end of this cookbook you will find a FREE BONUS GIFT - 20 Superfood Vegan Smoothie Recipes for Vibrant Health and Easy Weight Loss!

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Albert Guerra:

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