



Critical Thinking in Counselling and Psychotherapy

Colin Feltham

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Critical Thinking in Counselling and Psychotherapy examines the critical debates around key topics in counselling and psychotherapy. In nine sections including Everyday Counselling Practice, Training and Curriculum Issues, and Counselling, Society and Culture, Colin Feltham explores and cross-references 60 provocative questions central to counselling training and practice.

Each section includes questions for reflection, case studies and student exercises. This comprehensive, student-friendly text is a useful resource for lecturers to stimulate seminar discussion, and for all trainees wishing to write essays or generally develop their critical thinking in counselling and psychotherapy.

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