

Sacred Contracts: Awakening Your Divine Potential

Caroline Myss



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New York Times bestselling author and medical intuitive Caroline Myss has found that when people don't understand their purpose in life the result can be depression, anxiety, fatigue, and eventually physical illness—in short, a spiritual malaise of epidemic proportions. Myss's experience of working with people led her to develop an insightful and ingenious process for deciphering your own Sacred Contract—or higher purpose—using a new theory of archetypes that builds on the works of Jung, Plato, and many other contemporary thinkers.

Myss examines the lives of the spiritual masters and prophets—Abraham, Jesus, Buddha, and Muhammad—whose archetypal journeys illustrate the four stages of a Sacred Contract and provide clues for discovering your own. Myss explains how you can identify your particular spiritual energies, or archetypes—the gatekeepers of your higher purpose—and use them to help you find out what you are here on earth to learn and whom you are meant to meet. Exploring your Sacred Contract will shine a light on the purpose and meaning of your life. You are meant to do certain tasks, you are meant to have certain relationships.

In coming to know your archetypal companions, you also begin to see how to live your life in ways that make the best use of your personal power and lead you to fulfill your greatest—in fact, your divine—potential.

Both visionary and practical, **Sacred Contracts** is a bold, powerful work of spiritual wisdom. Without a doubt, your most intriguing challenge in life is to recognize your spiritual commitments and live them to the fullest.

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