



I've Got This Friend Who: Advice for Teens and Their Friends on Alcohol, Drugs, Eating Disorders, Risky Behavior and More

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This interactive book helps teens handle difficult issues: alcohol or other drug use, depression, eating disorders, and more. Personal stories, fast facts and self-tests help young readers recognize when a friend or family member is in trouble, identify and seek help for their own issues, and practice self-care to avoid feeling overwhelmed by others' problems.



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From reader reviews:

Ella Butler:

Spent a free time for you to be fun activity to try and do! A lot of people spent their sparetime with their family, or their own friends. Usually they undertaking activity like watching television, going to beach, or picnic inside park. They actually doing ditto every week. Do you feel it? Do you need to something different to fill your own free time/ holiday? May be reading a book might be option to fill your free time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to attempt look for book, may be the guide untitled I've Got This Friend Who: Advice for Teens and Their Friends on Alcohol, Drugs, Eating Disorders, Risky Behavior and More can be great book to read. May be it could be best activity to you.

Janelle Smith:

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Erick Graf:

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