



# Ten Thousand Days

*Seán Vaughan*

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## **Ten Thousand Days** Seán Vaughan

Ten Thousand Days is the tale of Aark, father, husband, post-feminist man of the twenty first century who embarks on a journey of self-discovery in the Empty Quarter of the Arabian Desert. Life's great challenges have brought a craftsman into the midst of an ancient Bedouin community. Unbeknown to himself he is travelling into the truth of an ancient prophesy. He is a holy man lost in Gods great cauldron of nature. He has a lesson to learn and one to teach.

Aark is dying, yet his life has meaning beyond many and his mission more vital than most. He is an inventor of necessity, in a landscape of great need. In a place where life and death cling by a filament, Aark becomes not only a survivor but a saviour to those in his orbit. Journey with him through the last sands of his time in life, and learn of his trials, the past that haunts him, his failed marriage, his greatest hopes. We are renewed with Aark as his spirit repairs through invention and discovery. Aark is as close as modern man gets to the incarnation of a saint. He has overcome the complexities of modern living, and yet managed to maintain his spirit intact.

Come, travel with Aark, a lost soul, who life has catapulted into the sparse dangerous world of the desert. Join in the magic realism of a secret allegorical world of twenty first century man. Quench spiritual thirst and satisfy emotional hunger as together you learn how survival is not the only lesson taught by the desert inhabitants. Weave your way through this beguiling tale and trust the path of a man whose spirit, although bruised by the inadequacies of life in the real world, remains unbroken. Feel his anguish as you share the thrilling roller coaster spirals of Aark's descent into an abyss of paranoia and memory loss, only to be rescued by his own fortitude and strength of character. Wonder in awe as you rediscover the ancient art of water harvesting in God's fiery cauldron. Gain a deeper understanding of the hardships endured by its inhabitants simply to ensure the basics of life are sustained.

Journey with Aark through this mysterious stunning landscape. You may, like Aark, find within a deep fresh rejuvenating source of spiritual nourishment and healing. Wander together as he weaves onward to an inevitable release from his inner turmoil, and travel home, with a greater understanding of self and the fragility of life.

Embark on this journey through the traumatic realities faced by us all, as we endure the complexities of modern life. Discover sensitively and unobtrusively how through determination and inner resolve we can overcome the challenges of contemporary living. Learn from Aark's struggle to nurture and sustain relationships in greater equilibrium. Enjoy this story of the triumph of hope over despair. Let its simplicity transform or delve deeper, if so desired.

Only the brave need journey on....

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