



What They Don't Teach You At School (Volume 1)

Manon, Dr. David Eisenbach, Daniel Waldman, Dorje Walker, Mr. Nicholas Olan

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Written by Manon, *What They Don't Teach You At School* is best described as fiction, a blend of fact and fiction. Delivering honest facts, providing feminine guidelines, and offering sensual treasures, Manon is accompanied by Dr. David Eisenbach, Ph.D., an expert on media and politics who wrote the preface and gave Manon the title of "fourth wave feminist." The tone is friendly and conversational as this thirty-something author shares girly secrets and talks straight from the heart for all girls of all ages. The book opens with an introduction into the history of Manon Lescaut, a much-admired French woman who possessed irresistible charm, and she discusses whether the name "Manon" swayed her inherent knowledge. She then goes on to explain why she wrote the book, and why every girl over sixteen should read it, regardless of class, culture, marital status, or sexual preferences. Chapter 1, *Being True* is about finding out who you are as a female, and who you want to be tomorrow. It provides tools to assist in relationship decision-making, defines the good boys from the bad, explains the stages of relationships, and ends with a questionnaire. Chapter 2, *Healthy Inside and Out*, tells the reader how to maintain a healthy body inside and out, offers safeguard tips, warnings, and Manon's mantras. She covers the truth about STDs, gynecological issues, breast jobs, and the importance of wearing condoms, vaginal exercises, meditation, acupuncture, and the benefits of eating live food. In Chapter 3, *Grooming*, Manon looks at waxing, exfoliating, self-tanning, nails, makeup, hair, skin, and dress codes, and talks about perfume and pheromones, losing weight and feeling great, and offers tips on how to overcome insecurities, increase confidence, and talk like a sensual lady. Chapter 4, *Intimacy, Sex Appeal, and Seduction*, discusses how to get your sexy mojo back, explains the benefits of being intimate with your partner, and describes how to seduce him or her. It also covers courting, dating and flirting, styles of dating, how to find healthy boys, warns about lazy lovers, and shares Manon's personal winning formula that is guaranteed to develop inner sex appeal. Chapter 5, *Tickling and Touching* teaches you the art of touching your partner, and how to let go of your fears when tickling, touching, and pleasuring. Chapter 6, *Fantasy* defines some commonly practiced group fantasies, explains why it's beneficial to live out your fantasies, and talks about fantasy foods and locations. Finally, Chapter 7, *Gushing Gals*, teaches girls about their sexual anatomy and how to perform female ejaculation (gushing/squirting orgasm). "I want girls to be smart when making personal decisions about their bodies and desires, to have fun and feel self-assured while learning the wonders of the feminine power," Manon says. What inspired her to write *What They Don't Teach You At School*? "I have wanted to give my gift of knowledge to all girls for many years," she says. "I started voice-recording into my iPhone, then started writing and couldn't stop." She had many conversations with girls all around the world about their fears and desires, and she often brought out pen and paper to draw diagrams. "I realized many girls could not find their sensual and feminine side and were desperate for what I had to say," she adds. Her book is guaranteed to retrain girls on how to be, and feel, sensual and feminine in their everyday lives.

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