



# **FIRST AID FOR SOLDIERS FM 21-11, Special Operations Forces Medical Handbook, FIRST AID FM 4-25.11**

*U.S. Government, U.S. Department of Defense, US NAVY, US Army Special Operations Command 75th Ranger Regiment, US MARINE CORPS, U.S. Army, US Air Force, U.S. Military*

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## **PREFACE**

These manuals meets the first aid training needs of individual service members. Because medical personnel will not always be readily available, the nonmedical service members must rely heavily on their own skills and knowledge of life-sustaining methods to survive on the integrated battlefield. This publication outlines both self-aid and aid to other service members (buddy aid). More importantly, it emphasizes prompt and effective action in sustaining life and preventing or minimizing further suffering and disability. First aid is the emergency care given to the sick, injured, or wounded before being treated by medical personnel. The term first aid can be defined as “urgent and immediate lifesaving and other measures, which can be performed for casualties by nonmedical personnel when medical personnel are not immediately available.” Nonmedical service members have received basic first aid training and should remain skilled in the correct procedures for giving first aid. This manual is directed to all service members. The procedures discussed apply to all types of casualties and the measures described are for use by both male and female service members.

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