

Imagination in Action: Secrets for Unleashing Creative Expression

Shaun McNiff

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Imagination in Action: Secrets for Unleashing Creative **Expression**

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Imagination in Action: Secrets for Unleashing Creative Expression Shaun McNiff The theory and practice of creativity—culled from the lifetime of experiences of an esteemed art educator/therapist. With proven techniques he's discovered for jump-starting the creative process.

He's spent a career helping people access their creative potential, and now Shaun McNiff is sharing the secrets he's learned from observing his own creative process as well as that of others—both those who identify as artists and those who don't. The result is nothing less than a master class in creativity by one of the great creative theorists—and practitioners—of our time. "This is intended as a practical text," Shaun says," a creativity primer, striving to capture the essential things that have been of use to me and others." The wealth of instruction he provides here in these essential things will be indispensable to artists of all stripes, as well as to all who strive to express themselves with honesty and authenticity using any of the media life makes available.



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