



Infidelity: A Survival Guide

Don-David Lusterman PhD

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The discovery of an infidelity can deliver a devastating blow—but it can be survived. Psychologist Don-David Lusterman has spent thousands of hours counseling clients who needed help coping with infidelity. In this book, he shares what he has learned in a step-by-step format that helps readers cope with the emotional impact of the affair, decide what it tells them about their marriage, and either choose to break up or begin to rebuild their relationship.

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