



# Treating Traumatic Bereavement: A Practitioner's Guide

*Laurie Anne Pearlman PhD, Camille B. Wortman PhD, Catherine A. Feuer PhD, Christine H. Farber PhD, Therese A. Rando PhD*

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**Treating Traumatic Bereavement: A Practitioner's Guide** Laurie Anne Pearlman PhD, Camille B. Wortman PhD, Catherine A. Feuer PhD, Christine H. Farber PhD, Therese A. Rando PhD

This book presents an integrated treatment approach for those struggling to adapt after the sudden, traumatic death of a loved one. The authors weave together evidence-based clinical strategies grounded in cutting-edge knowledge about both trauma and grief. The book offers a clear framework and many practical tools for building survivors' psychological and interpersonal resources, processing their trauma, and facilitating mourning. In a large-size format with lay-flat binding for easy photocopying, the book includes over 30 reproducible handouts. Purchasers can access a companion website to download and print these materials as well as supplemental handouts and a sample 25-session treatment plan.

Winner (Second Place)--American Journal of Nursing Book of the Year Award, Psychiatric and Mental Health Nursing Category

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