



# **Chemo: Secrets to Thriving: From someone who's been there.**

*Roxanne Brown*

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## **Chemo: Secrets to Thriving: From someone who's been there.** Roxanne Brown

The thought of chemotherapy can be overwhelming, but getting through it doesn't have to be. Chemo: Secrets to Thriving helps lighten the load. In chronological order, step-by-step, you learn what might occur, why it happens, what you can do (with your doc's approval), and who to contact for help. Chemo: Secrets to Thriving will be your friend, companion, and guide, giving you the resources to handle possible side effects and better manage your life during chemotherapy. Once you know the secrets in this book you may find yourself still able to enjoy life—and even thrive—while going through chemotherapy. Our endorsements aren't from the usual celebrities, but from our celebrities: medical teams, fellow chemo travelers, and the people and places that support them.

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