



Breast Cancer Husband: How to Help Your Wife (and Yourself) during Diagnosis, Treatment and Beyond

Marc Silver

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A unique guide, like none other on the market-packed with medical information, practical tips, psychological insight, and coping strategies-to help men help the women they love through this trying time.

When Marc Silver became a breast cancer husband three years ago, he learned firsthand how frightened and helpless the breast cancer husband feels. He searched in vain for a book that would give him the information and advice he so desperately sought. Now this award-winning journalist has compiled just the kind of emotionally supportive and useful resource that he wished he had been able to consult-to give men the tools they need to help their wives, their families, and themselves through this scary, uncertain time.

In his years as a consumer journalist and veteran of the *News You Can Use* staff at *U.S. News & World Report*, Marc Silver learned what kind of information and advice on medical crises readers found most valuable. He draws on that experience as he covers in depth all the issues couples coping with breast cancer will have to face during diagnosis, treatment, and beyond. Highlights include:

- The shared experiences of other breast cancer husbands
- Guidance from top cancer doctors in the country
- Advice on when, how, and what to tell your young children
- Tips on coping with radiation and chemotherapy
- A candid discussion of sex and intimacy following breast cancer surgery

More than 200,000 women are diagnosed with cancer each year in the United States. At last, with this book, the men who love them have a road map to help them through a difficult and unprecedented journey.

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Adrian White:

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