



# Your Child's Growing Mind: Brain Development and Learning From Birth to Adolescence

*Jane Healy*

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# Your Child's Growing Mind: Brain Development and Learning From Birth to Adolescence

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**Your Child's Growing Mind: Brain Development and Learning From Birth to Adolescence** Jane Healy  
The classic guide to understanding children's mental development is now updated and better than ever!

Hailed by parents and educators, *Your Child's Growing Mind* is a window into the fascinating process of brain development and learning. It looks at the roots of emotion, intelligence, and creativity, translating the most current scientific research into practical suggestions for parents and teachers.

Dr. Healy also addresses academic learning, offering countless suggestions for how parents can help without pushing. She explains the building blocks of reading, writing, spelling, and mathematics and shows how to help youngsters of all ages develop motivation, attention, critical thinking, and problem-solving skills.

Using the science of childhood development, she also examines today's hot issues, including learning disabilities, ADHD, influences of electronic media, and the hazards of forced early learning. From infancy to adolescence, this is the perfect guide to helping and enjoying a youngster's mental, personal, and academic growth.

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