

## **Helping Families to Change (Master Work)**

Virginia Satir, James Stachowiak, Harvey A. Taschman



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**Helping Families to Change (Master Work)** Virginia Satir, James Stachowiak, Harvey A. Taschman With an emphasis on learning to change through other modalities than speech, this book discusses the importance of non-verbal body experience and awareness of kinetic cues in interpersonal relationships. A number of meditative exercises are included.

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