



# **It's Not You It's Your Personality: Skills to Survive and Thrive in the Modern Workplace**

*Diane Hamilton, Toni Rothpletz*

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There is more to excelling at work, than just being effective at your job. To survive and thrive, you must also master interaction with your coworkers. In *It's Not You It's Your Personality*, mother-daughter team, Diane Hamilton and Toni Rothpletz, explore:

How to understand the major personality tests like Myers Briggs, Emotional Intelligence, DISC . . .

Why this is the essential guide for the anyone in the post-baby boomer workforce

What makes the current younger workforce unique

How to understand new generation personality issues

How to recognize different personalities and their individual needs

Why understanding different character types can make you more tolerant of others

How to work together more effectively, no matter the scenario

How to recognize your own personality issues for better interpersonal relationships

How to utilize personality assessment to climb the ladder of success

Filled with tips, tricks and techniques, the authors cover all the major personality tests, giving examples of modern day celebrity personalities to send their point home. Written in a lighthearted yet professional manner, *It's Not You It's Your Personality* outlines various scenarios with different personalities to give you a more detailed look at how different people can more effectively work together, both in team situations, and when various activities require them to better understand one another. You'll learn how to recognize character traits in others, as well as in yourself, and what to do about the traits that need work. Entertaining as well as educational, *It's Not You It's Your Personality* makes personality assessment as essential as having a good briefcase.

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