



Essentials of Psychiatric Nursing: Contemporary Practice

Mary Ann Boyd PhD DNS RN PMHCNS-BC

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Offering a unique focus on communication skills, mental health promotion, and evidence-based, recovery-oriented nursing care of people with common mental health disorders, this concise and engaging text presents essential concepts in easy-to-understand language with multiple examples and explanations. Compelling case studies—supported by online videos that play out the scenarios in more depth—show students how to apply theory to specific patients, providing a seamless transition to the practice world.

Emphasizing **psychopharmacology**, **the recovery model**, and **DSM-5** throughout, this practical book will help students:

- **Master essential psychiatric nursing concepts** through *Key Diagnostic Characteristics summaries*, which describe diagnostic criteria, target symptoms, and associated findings for select disorders, adapted from the *DSM-5* by the American Psychiatric Association.
- **Hone an understanding of commonly prescribed medications** for patients with mental health problems through *Drug Profile boxes* that complement text discussions of biologic processes associated with various mental health disorders.
- **Develop a deeper understanding of mental health patients** through **case studies** interwoven in the mental health disorder chapters that are brought to life by online **videos** of these case patients displaying these disorders.
- **Prepare for effective practice** through online **Nursing Care Plans**, most of which are based on the book's case studies. These plans present clinical examples of patients with a particular diagnosis and demonstrate plans of care that follow patients through various diagnostic stages and care delivery settings.

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