



Principles and Practice of Grief Counseling, Second Edition

Darcy L. Harris PhD FT, Howard R. Winokuer PhD

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Praise for the First Edition:

"This is the sort of text that I would be pleased to use in my classroom! I would highly recommend this book. It is an important contribution to the field."

Gerry R. Cox, PhD, from the review in *Illness, Crisis and Loss*

This core, introductory textbook for undergraduate- and graduate-level courses is the first to combine the knowledge and skills of counseling psychology with current theory and research in grief and bereavement. Written by two internationally recognized leaders in the field, the second edition has been updated to reflect important new research and changes in the field, including insights on complicated grief, resilience after adverse life experiences, and compassion-based approaches to death, loss, and grief. It discusses the implications of the *DSM-5*'s omission of the bereavement exclusion for the diagnosis of a major depressive disorder. A completely new chapter on the social context of loss addresses social messages, grieving rules, workplace policies, and the disenfranchisement of many aspects of normal, healthy grief. New case scenarios further enrich the second edition.

The text describes the unique aspects of grief as a normal response to losses, both death- and non-death-related, and views the goal of counseling bereaved individuals as one of facilitating the unfolding of the healthy and adaptive aspects of the process as it manifests itself within each client. Specific counseling practices that facilitate successful interventions are discussed, particularly that of "presence," considered by the authors to be the primary therapeutic stance when working with bereaved individuals. Case studies, discussion and reflection questions, and suggested additional resources are included in each chapter.

New to the Second Edition:

- New insights on complicated grief, resilience, *DSM* categorizations of grief, and compassion-based approaches to death, loss, and grief
- A completely new chapter on the social context of loss, including social messaging, grieving rules, workplace policies, and privacy issues
- New case scenarios
- Addresses the unique aspects of grief after a suicide or homicide
- Distinguishes grief/complicated grief from depression and trauma
- New information on the role and use of grief support groups
- Newly developed models of compassion-based response for counselors
- Application of current neuroscience research to grief counseling
- Use of technology and online counseling

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From reader reviews:

Arthur Sanchez:

This Principles and Practice of Grief Counseling, Second Edition book is not ordinary book, you have after that it the world is in your hands. The benefit you receive by reading this book will be information inside this guide incredible fresh, you will get info which is getting deeper you read a lot of information you will get. That Principles and Practice of Grief Counseling, Second Edition without we know teach the one who looking at it become critical in thinking and analyzing. Don't be worry Principles and Practice of Grief Counseling, Second Edition can bring any time you are and not make your carrier space or bookshelves' grow to be full because you can have it in the lovely laptop even telephone. This Principles and Practice of Grief Counseling, Second Edition having very good arrangement in word in addition to layout, so you will not truly feel uninterested in reading.

Loren Hatfield:

People live in this new day time of lifestyle always try and and must have the free time or they will get wide range of stress from both everyday life and work. So , when we ask do people have spare time, we will say absolutely indeed. People is human not only a robot. Then we ask again, what kind of activity have you got when the spare time coming to you actually of course your answer will probably unlimited right. Then do you try this one, reading ebooks. It can be your alternative in spending your spare time, the particular book you have read is actually Principles and Practice of Grief Counseling, Second Edition.

Cora Conte:

Playing with family in the park, coming to see the marine world or hanging out with friends is thing that usually you may have done when you have spare time, then why you don't try point that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Principles and Practice of Grief Counseling, Second Edition, you may enjoy both. It is fine combination right, you still would like to miss it? What kind of hang-out type is it? Oh can happen its mind hangout people. What? Still don't have it, oh come on its called reading friends.

Teresa Spillman:

Many people said that they feel weary when they reading a book. They are directly felt it when they get a half portions of the book. You can choose typically the book Principles and Practice of Grief Counseling, Second Edition to make your reading is interesting. Your current skill of reading proficiency is developing when you just like reading. Try to choose very simple book to make you enjoy to see it and mingle the sensation about book and examining especially. It is to be first opinion for you to like to open up a book and study it. Beside that the book Principles and Practice of Grief Counseling, Second Edition can to be your brand-new friend when you're experience alone and confuse in doing what must you're doing of these time.

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