



# Zero to Sixty In Nothing Flat: A "Boomer's" Survival Story

*Larry Lipson*

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This work is an autobiographical memoir that tells the story of my life, as a member of the Baby Boom generation, growing up in urban America during the 1950s and 1960s, coming of age in the 1970s and continuing to the present day. It describes many difficult and stressful events in my life and how I survived them. I have included numerous historical and factual references from each of the time periods that I have written about, as well as musical references and song titles and lyrics that have held a personal meaning for me. As a "Boomer" I experienced the early days of television, the birth of Rock 'n' Roll music, Dick Clark's American Bandstand when it was broadcast every weekday afternoon from Philadelphia, the Beatles and the tragic deaths of various legends of Rock 'n' Roll. I also lived through the horror of Vietnam, numerous political assassinations, such as John and Robert (Bobby) Kennedy, Malcolm X and Martin Luther King, Jr., as well as the college campus unrest of the late 1960s and racial tensions and riots. There was also Woodstock, the first manned landing on the moon, the tragedy of Kent State University in 1970 and, many years later, the scare of Y2K and the unthinkable terror of 9-11. All of these events were happening at the same time that I, on a personal level, was enduring troubled marriages, difficult divorces, legal problems with my children and life-threatening health crises. Ultimately, I came through it all and survived to write my story for others to share.

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