

# Quick and Easy Dump Dinner Box Set: Over 200 Healthy One Pot Recipes and Budget Friendly Freezer Meals for Busy People (Quick and Easy Recipes & Healthy Budget Cooking)

Shiela Butler, Samantha Stewart, Barbara Davis, Ingrid Watson, Tina Berry, Jessica Meyers

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# **Quick and Easy Dump Dinner Box Set (6 in 1)**

# Book One: The 5-Ingredient Cookbook: Over 50 Recipes of Healthy and Scrumptious Meals to Try!

This book contains 60 recipes that you can cook with only five ingredients per recipe. Sounds easy, doesn't it? Save yourself preparation time and hours slaving over a hot stove. From making a simple breakfast to planning a dinner party or celebration, there are recipes in here that will delight and impress your friends and family as well as tickle your taste buds.

#### **Inside You Will Learn:**

- How to make smoothies and breakfasts
- Options to take a packed lunch
- Quick meals to grab and go
- Make ahead meals for convenience
- Sandwiches, Pasta, and Soups
- Slow Cooker Meals
- Dinner Dishes
- Desserts and Cookies
- Some Good Advice and Common Mistakes to Avoid.
- Recipes for breakfast, lunch, dinner and snacks.
- All the ingredients needed for each recipe.
- Step by step methods with easy to follow instructions
- And much more.

### Book Two: The Vegetarian Cookbook: Quick and Easy Dump Dinner and Freezer Meal

This guidebook can help you out with all of the quick meals that you need while on the vegan diet. It is full of a lot of freezer and dump meals that are tasty and easy to make. Many people are always busy and are trying to get a million things that they are doing throughout the day. When it comes to running around to school, work, activities, and meetings, it is hard to find time to make a good meal for the whole family. But with the dump and freezer recipes found inside this recipe book, you can enjoy a vegan diet no matter how busy you are during the week.

#### You will learn things like:

- What is the vegan diet?
- The benefits of dump and freezer meals
- Tasty breakfasts for the morning
- Main meals to satisfy the whole family
- Desserts that are to die for.

# Book Three: One Pot Budget Cookbook: 50 One Pot and One Dish Low Carb Healthy Recipes on a Budget

If you are looking for great tasting dishes that are not just healthy, affordable and uncomplicated to make, then this is definitely the book for you!

#### Inside You Will Learn:

- The benefits of budget-friendly shopping and how to make sure that you stay within your budget even if you are living healthy.
- How to utilize a single pot, pan, dish or blender to create mouthwatering and really healthy dishes for you and your family.
- Different recipes that are healthy, simple, tasty and budget friendly.
- And so much more

# **Book Four: Pressure Cooker: Quick and Easy Pressure Cooker Recipes for Breakfast, Lunch and Dinner for Busy People**

Have You Thought About Using a Pressure Cooker? Do You Already Have One Shoved in the Back of Your Pantry?

#### **Inside You Will Learn:**

- What a Pressure Cooker is
- How to Use it
- Why you should use it
- Perfect recipes for every meal of the day
- And Even More!

# Book Five: Freezer Meals for Slow Cooker: Easy and Delicious Dump Dinner Recipes and Make Ahead Meals for Busy People

Written in easy-to-understand language, this book will explain how you can prepare easy, simple frozen meals for your slow cooker.

#### Inside you will learn

- How you can make delicious frozen beef, pork or chicken meals ahead of time for your crockpot.
- Easy-to-follow recipes for frozen stews, soups, casseroles and roasts that are easy to make in your crockpot.
- $\bullet$  Tips and Tricks for successfully preparing make-ahead frozen crockpot meals.

You can do it!

# Book Six: Casserole Cookbook: Quick and Easy Low Budget Recipes for Your Oven, Dutch Oven or Cast Iron Skillet!

#### Inside you will learn:

- How you can use simple ingredients to cook delicious casseroles for the entire family.
- Easy-to-follow recipes for breakfast, lunch,



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What do you consider book? It is just for students because they are still students or the item for all people in the world, what best subject for that? Only you can be answered for that question above. Every person has various personality and hobby for each and every other. Don't to be forced someone or something that they don't need do that. You must know how great in addition to important the book Quick and Easy Dump Dinner Box Set: Over 200 Healthy One Pot Recipes and Budget Friendly Freezer Meals for Busy People (Quick and Easy Recipes & Healthy Budget Cooking). All type of book can you see on many sources. You can look for the internet resources or other social media.

#### **Elaine Kistler:**

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